

# A Heart Healthy Multivitamin

**Cardio Complete™**  
health benefits:\*

- ✓ Cardiovascular Support
- ✓ Circulatory Health
- ✓ Antioxidant



**Cardio Complete™** is a complete multivitamin that provides a unique combination of nutrients to promote heart health. Powerful antioxidants combat free radicals, B vitamins help improve blood chemistry, essential minerals support cardiovascular health, and other important nutrients support healthy cellular energy and enhanced absorption.\*

*Carlson*®

Award-Winning Quality Since 1965

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

# Specially Formulated to Promote Heart Health



4200-55

3 Tablets Provide			
Vitamin A (as 100% beta carotene)	900 mcg RAE	Magnesium (from magnesium glycinate chelate & magnesium oxide)	150 mg
Vitamin C (from calcium ascorbate)	600 mg	Zinc (from zinc glycinate chelate)	12 mg
Vitamin D (as cholecalciferol)	22.5 mcg	Selenium (from selenomethionine)	105 mcg
Vitamin E (from d-alpha tocopheryl succinate)	201 mg	Copper (from copper glycinate chelate & copper carbonate)	1 mg
Thiamin (Vitamin B-1) (from thiamin mononitrate)	30 mg	Manganese (from manganese glycinate chelate)	3 mg
Riboflavin (Vitamin B-2)	30 mg	Chromium (from chromium nicotinate)	120 mcg
Niacin (as 15 mg nicotinic acid & 84.9 mg niacinamide)	99.9 mg	Molybdenum (from molybdenum glycinate chelate)	60 mcg
Vitamin B-6 (as pyridoxine HCl)	30 mg	Potassium (from potassium chloride)	50 mg
Folate (300 mcg folic acid)	500 mcg DFE	L-Arginine (from L-arginine HCl)	60 mg
Vitamin B-12 (as cyanocobalamin)	150 mcg	L-Carnitine (from L-carnitine tartrate)	150 mg
Biotin	150 mcg	Lysine (from L-lysine HCl)	150 mg
Pantothenic Acid (from d-calcium pantothenate)	30 mg	L-Proline	150 mg
Calcium (from calcium ascorbate, calcium bis-glycinate chelate, d-calcium pantothenate & dicalcium phosphate)	84 mg	Boron (from boron glycinate chelate)	1.5 mg
Iodine (from potassium iodide)	150 mcg	Co-Enzyme Q10	15 mg

Size	Code
90 Tablets	4200
180 Tablets	4201



*Carlson*®



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